



What is a parenting and mediation information session?

If you are involved in a family law case that will be heard in Superior Court, your lawyer has most likely informed you of your obligation to participate in a parenting and mediation information session.

Since January 1, 2016, former spouses have the legal obligation to attend a parenting and mediation information session if there is a dispute regarding their separation that will be decided by the court.

It's important to note that certain individuals may be exempted from the obligation to participate in such an information session. That's the case for individuals who have already participated in such a session in connection with a prior dispute or who confirm that they have gone to a victim assistance organization recognized by the Minister of Justice for help as a victim of domestic violence.

It's also important to note that there's a difference between the parenting and mediation information session and the mediation process itself, because only the information session is mandatory.

The information session is a group session led by two certified mediators and it is offered free of charge in courthouses throughout Québec. It provides parents with information about mediation and also explains the consequences of their breakup for their family and the impact of their behaviour on their children.

To attend a session, you must reserve your place by contacting the Ministère de la Justice.

Former spouses need not worry that they will be registered for the same session, unless they make a joint request.

Don't hesitate to have your eligibility for legal aid evaluated by making an appointment at a legal aid office near you.

To find the contact information for your legal aid office, please visit our website at www.csj.qc.ca.

Text prepared by
M^e Caroline Simard
of the Chicoutimi legal aid
office

Contact Us

Commission des
services juridiques
Communications Department
2 Complexe Desjardins
East Tower
Suite 1404
P.O. Box 123
Succursale Desjardins
Montreal, Québec
H5B 1B3

Telephone: (514) 873-3562
Fax: (514) 864-2351

www.csj.qc.ca

* The information set out in this document is not a legal interpretation.

The masculine is used to designate persons solely in order to simplify the text.